Preparing Your Essay

- Write out a list of recent and relevant experiences including milestones, extracurricular involvement, employment, and volunteer work.

- Reflect on what makes you, you! What are your interests, values, and goals? What experiences shaped you into the person you are today?

Responding to Essay Questions

- Write complete and comprehensive responses. Writing a few short sentences will not cut it. These essays are your opportunity to share your goals and tell a story. Speaking of telling a story...

- Tell an *authentic* story! For example, instead of saying you are resilient, demonstrate it by sharing a specific experience, choice, or action.

Before Submitting Your Essay

- Recruit family and friends to give feedback. Who better to evaluate if your essay is authentic to you than those who know you best?

- Read your essay out loud a few times to find grammatical or syntax errors.